

# HEART INSPIRATION EVENT

SAVE THE DATE



ALL ARE INVITED

September 20, 2023 @ 6:00-7:30pm

*Location: Christ Our Light Church, 1 Maria Dr., Albany NY*

***Join us for an evening of inspiration, filled with uplifting, joyful music, laughter, and captivating speakers that will touch your heart. Don't miss out on this opportunity to be inspired and motivated!***



Listen to the incredible story of **Cap Capello**, who grew up in a strict, old-school Catholic belief system. After a personal heartbreak, he turned away from God. Over 30 years later, another crushing tragedy struck, and Cap's journey in faith and life took a remarkable turn. Come and be inspired by Cap's amazing experiences and the inspiring story of his journey back to faith.



Hear the inspiring conversion story of **Dona Fragnoli**, who overcame tremendous hardship and adversity to find her way to the Catholic faith through a journey of discovery, faith, and grace. Don't miss this opportunity to be moved and inspired by her powerful testimony of resilience and faith.



Come and hear the incredible story of **Fr. Mike Melanson**, who used to prefer spending Sundays on the water or playing guitar in a local rock band instead of going to church. After facing financial and emotional struggles, his life changed. Hear how he became a deacon in the Catholic Church and later a priest. Don't miss the chance to listen to Fr. Mike's inspiring journey of challenges in faith and trust, and how his life changed in unexpected ways.

Questions: [dreaminspire1913@gmail.com](mailto:dreaminspire1913@gmail.com)